



## NEWSLETTER

[www.wiltwyckquilters.org](http://www.wiltwyckquilters.org)

September 2023 Volume 50 Issue 1

Hope you all had a wonderful summer. It is almost like things are back to normal! (Of course, normal is a relative term.)

Let's make this year productive and upbeat by trying new things and having wonderful quilting adventures.

Hope we can all make it to the September meeting. See you there!

Jackie

### **MISTERY QUILT**

I'm still working on creating the mystery quilt for this year. I'm also writing this article at the end of August, so progress is likely to change before the September meeting. If there is a block or any suggestions that you would like to make this year, email them to me at [dfkiii@gmail.com](mailto:dfkiii@gmail.com). Also, reply to this email if you would like to sign up for this year's quilt.

Remember too, that we are going to take pictures of last years' quilts and send them to Willow, so that members who are only able to use zoom, can sew and share their quilts at the October meeting.

Donald Kenly

## **PROGRAM NEWS 2023-2024**

All programs are offered by Zoom unless stated otherwise. PLEASE SEE BELOW FOR 2023-2024 OUTLINE.

Email Carolyn Boice at TiggerTurtle313@msn.com with any questions.

FALL IS COMING UP QUICK!!!!!!

What a summer we have had, but I am looking forward to jumping back in with all of you. I am so happy to have so many of you joining us for the Sashiko workshop. We have 22 members signed up for the course and we are full. Workshop attending members please don't forget to bring cash or check for your kit(s) in September.

SAT SEPT 16, 2023 – IN PERSON -- we will meet with Jacqui Clarkson and talk Sashiko, followed by her workshop. Workshop fee is \$15 which gets paid to the guild. She offers 2 kits (\$25 each), one for a beginner and one for more advanced. Payment for these will be to the instructor on the day of the class.

SAT OCT 21, 2023 – ZOOM-- lecture and workshop by Sally Miller. Sally is going to discuss the Mile a Minute quilting technique that she learned so many years ago and has perfected along with showing us her beautiful quilts. For our workshop we will be putting her lecture to the test. This will be a great scrap buster. If you are coming in November and participating you might want to save your Red, White and Blue scraps for then. She does not have a website but she does have a small You Tube video called Just a Minute Quilts. Workshop fee is \$15 members/\$20 non-members.

SAT NOV 11, 2023 – IN PERSON, community sew – Quilts of Valor. We are looking to finally be able to get together and do a project. So start looking to pull out your red, white and blue scraps. Between Covid and the snow, January has not been a good month to get anything done, hopefully this will help. This meeting is on the 2nd Saturday of the month due to the church not being available for the 3rd Saturday. Connie and Ginny are helping Willow and myself organize this project and we are all hoping for a great turnout. Many came together earlier this year to produce those little lap quilt-as-you-go quilts and we got so much accomplished, hoping to once again. In September I will have pre cutting instructions for you at the meeting and should have them posted in the next newsletter as well but think 2 ½ inch and 4 ½ inch squares when you are looking at your scraps.

SAT DEC 16, 2023 -- IN PERSON December Brunch – Any takers on organizing this event????

SAT FEB 10, 2024—ZOOM --Traditional, Art, Modern – Notes from the Field with Maria Shell Interested in the current state of affairs in the larger quilt world? Join Maria for this fun and informative lecture

that is a combination of Gonzo Journalism, humorous memoir, and history in the making.

Maria will share her

personal journey along with interesting moments in all three quilt genres. What does it mean to be a 21ST

Century Quilter? Come to the lecture to find out.

- Maria Shell



## **PROGRAM NEWS 2023-2024, continued**

SAT JAN 20, 2024—ZOOM -- Every Last Crumb, An Adventure in Scrap Quilting with Brita Nelson. This is a fun, informative and inspirational trek to find the best way to handle a mountain of left-over fabric. Brita said she had over 30 years worth of accumulated scraps which threatened to take over her sewing room and consume her. She had to do something. Some of you may have the same problem. Here is how she managed to save herself and actually make some room in her fabric closet. With over two dozen quilts and projects, Brita will demonstrate some great ways to use that secret treasure hiding in your house. She will also cover basic color and contrast principles to make your scrap beauties really shine.

The Questioning Quilter – Information for Quilters with Questions

ZOOM WORKSHOP -- “Crumbs to Quilts” a 4-hour workshop (1230-430) where you will learn how to turn the tiniest scraps into a beautiful, quilt. Have you ever thought about making your own fabric? In this class we will discuss tint, tone, shade, value and scale to take your tiniest scraps and turn them into one-of-a-kind textiles. My simple, organized method for assembling your curated crumbs results in fabric that is part planned, part free-form and totally fun! We will use this new fabric to make a simple tulip block, but once you master this technique, there is no limit to what you can create. Workshop \$30 members/\$35 non-members.

SAT FEB 10, 2024—ZOOM -- Traditional, Art, Modern – Notes from the Field with Maria Shell Interested in the current state of affairs in the larger quilt world? Join Maria for this fun and informative lecture that is a combination of Gonzo Journalism, humorous memoir, and history in the making. Maria will share her personal journey along with interesting moments in all three quilt genres. What does it mean to be a 21ST Century Quilter? Come to the lecture to find out.

- Maria Shell

WORKSHOP PART 1 (12:30-03:30) – ZOOM -- Riffing on Tradition – Exploring Design Elements with Quilt Blocks. Using the traditional quilt block as a foundation for our art, we will explore new territory in making contemporary quilts. We will take simple traditional quilt blocks and blow them up, repeat them, distort them, and in the end create fabulous new compositions. Workshop \$45 members/\$50 non-members.

SAT FEB 17, 2024—WORKSHOP PART 2 (12:30-03:30) -- ZOOM -- Riffing on Tradition continued

SAT MAR 16, 2024—ZOOM – Teresa Duryea Wong will present her Sewing and Survival – Native American Quilts from 1880-2022. Teresa besides being a quilter is an author and historian and will bring us another look into quilt history.

Teresa Duryea Wong – Author

NO WORKSHOP

SAT APR 20, 2024 -- IN PERSON - Member led workshops – looking for volunteers!

SAT MAY 18, 2024 -- IN PERSON - Member led workshops – looking for volunteers!

SAT JUNE 15, 2024 – IN PERSON – activity TBD

Carolyn Boice <TiggerTurtle313@msn.com>

## MINIATURE HISTORICAL QUILT GROUP

'Tis that time again for the Miniature Historical Quilt Group to start our FIFTH year studying HER-STORY. Thanks to Pat, we will be meeting on Zoom as we usually do.

***The following is the schedule for the rest of 2023:***

**September 23rd**—Vera will present Katherine Johnson, the woman from NASA.

Quilt—Friendship Star in PC

**October 14th**—Kathleen will present Temple Grandin, who worked on behalf of animal rights and autism.

Quilt—*Bear Paw on PC*

**November (date TBA)**—Hilda will present Frances Perkins, the first woman Secretary of Labor responsible for social security and the New Deal.

Quilt—*I have chosen Amish Nine Patch in AD because quilting lost popularity during WW2 when women began working outside the home and fabric was used for the war effort. Fortunately, Amish women kept the quilting tradition alive during that time.*

**December (date TBA)**—I will present Mrs. Claus, the woman behind the legend and her ties to the suffragist movement.

Quilt—*miniature Christmas quilt of your choice.*

***Tentative schedule for 2024:***

**January**—a white slave in the pre-Civil War and Civil War era.

Quilt—*Civil War Baskets in Remembering Adelia by Kathleen Tracy. Let me know if you need the pattern.*

**February**—I will present a woman who brought an artist to the public light and created his fame.

Quilt—*Hexagon Garden in Small and Scrappy by Kathleen Tracy done as sunflowers.*

**March**—one of the first American women sculptors and her famous sculpture.

Quilt—*Blue and White in Small and Scrappy by Kathleen Tracy*

**April**—Pied Piper Project

Quilt—*Flying Geese in Small and Scrappy*

**May**—women of the Hudson Valley

Quilt—*Medallion Quilt in AD*

As always, if anyone would like to present a woman from history or current times, please let me know and I will gladly adjust the schedule for you.

Also, if anyone is interested in joining our group, please let me know and I will have the Zoom link sent to you.

Hope you all had a good summer and look forward to seeing you all in September!

Ellen

## NEWSLETTER ARTICLES

Please send all articles to be placed in the newsletter by the Friday following the meeting. This will give me time to get the newsletter done before the deadline. Either send your article via email to [jf.wiltwyckguildnewsletter@gmail.com](mailto:jf.wiltwyckguildnewsletter@gmail.com) or snailmail it to me at **J. Ferrara, 165 Lily Lake Road, Highland, NY 12528. Please use a universal format, or write directly into your email.**

## **Boost Your Quilting Motivation Part 1- Self Motivation**

These ideas to increase quilting motivation did not come just from my mind. Most of these suggestions came from Karen Brown and her YouTube channel, “*Just Get It Done Quilts*.” I recommend checking out her videos for all different kinds of quilting tips. Even decluttering and organizing your quilt space. Here are some of the best motivation tips I’ve found or thought of:

**Experimenting with Fabrics-** Feel them, rearrange them in different colors, take black and white photographs to find the lightest and darkest colors you have, and even sort them. Maybe what you liked last year (or longer), doesn’t excite you anymore or you may find a color combination that unexpectedly works.

**Starting a small, easy quilt-** Whether you become overwhelmed everytime your look at a giant intricate quilt on your table top or your feeling uninspired, pick a small quilt pattern that brings YOU happiness. This will help you feel rejuvenated and accomplished enough to make another project.

**Swallow the bullet first-** The bullet is something I used to always avoid: The pile of fabric from the last three quilts sitting on the table, searching for a tool you’re going to need, decluttering and organizing your sewing rooms . . . It can be overwhelming, but swallow the bullet first, so you can start a new quilt with fewer interruptions. Also, the bullet usually doesn’t take as long as you expect. It takes longer to stare at the bullet and say, “I’ll do it Tomorrow.”

**Plan time to quilt-** It doesn’t matter how much time you work on a quilt. If you carve out 15 minutes to a half hour most days in your Schedule, you’ll start to see progress. Also, If you’re the first one up, or last one to go to bed in the household, you can do the quiet parts of quilting like rotary cutting or hand stitching binding.

**Use a Timer-** set a timer for 15 minutes, and find out how much you can get done in that little period of time. I also recommend a timer that you can hear tick. It helped me stay focused on what I was making.

**Reward yourself-** If there is a part of the quilting process you love and a part you can’t stand, do the part you dread first and then reward yourself by doing the parts of quilting you love. For example, I love picking out fabrics for a quilt; However, my storage space is ready to explode all over the place. So I’m finishing three quilts before I reward myself with fabric shopping again.

**Use Positive self-talk-** Compliment yourself for solving problems, completing a project(s), and for using special techniques. Positive self-talk will quickly increase your confidence and skills, not just in quilting, but in everyday activities as well.

*There are more tips coming, but I didn’t want to overwhelm anybody. I hope you find these tips both interesting and useful.*

Donald Henly

# BLOCK OF THE MONTH

September 2023

## TWISTED IRISH CHAIN

We will make either or both of two blocks, each 10 1/2" unfinished. Make one or two! The blocks are adapted from Love of Quilting, July/August 2023 on pages 58-63. It was designed by Sara Gallegas.

READ ALL DIRECTIONS BEFORE BEGINNING. MAKE A PRACTICE BLOCK FIRST. ALL SEAMS ARE 1/4"

FABRICS:

Block 1: Black tonal: Two rectangles 2 1/2" x 8", three rectangles 2 1/2" x 6"  
White tonal: Three rectangles 2 1/2" x 8", two rectangles 2 1/2" x 6"

Block 2: Black tonal: Four 2 1/2" squares

White tonal: Four 2 1/2" squares, two 3 1/2" squares, four rectangles 2 1/2" x 6 1/2"  
Colored tonal (pick one color from: red, green, orange, purple, yellow, blue):

One 2 1/2" square, two 3 1/2" squares

**Block 1:** Lay out the 8" strips as shown, to make Band A and sew together. Press to the black; cut three 2 1/2" strips as shown.

Repeat with the 6" strips as shown to make two strips.

Lay out the strips as shown and join to make Block 1; square up to 10 1/2"

**Block 2:** Sew a black 2 1/2" square to the ends of two of the 2 1/2" x 6 1/2" rectangles; press to the white: Unit 1

Draw a diagonal on the wrong side of the two white 3 1/2" squares. With right sides together, match up a white 3 1/2" and a colored 3 1/2" square and sew on each side of the drawn line and then cut on the line and press to the Color, making two half-square triangles; square up to 2 1/2".

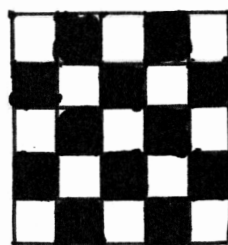
Repeat with the other pair of 3 1/2" squares. You should now have four 2 1/2" half-square triangles.

Lay out:

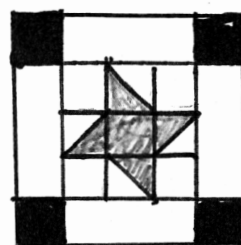
Sew the center nine units together to make a nine-patch. Sew a 2 1/2" x 6 1/2" white tonal to one pair of opposite sides of the above unit; sew a Unit 1 to the top and bottom of the above unit; press in the direction of the Arrows. SQUARE UP TO 10 1/2" and sign your name in the seam allowance.

Bring to the Sept. meeting or mail to Mary McLaughlin at 212 Dogwood Lane, Kingston, NY 12401 before the meeting.

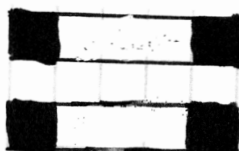
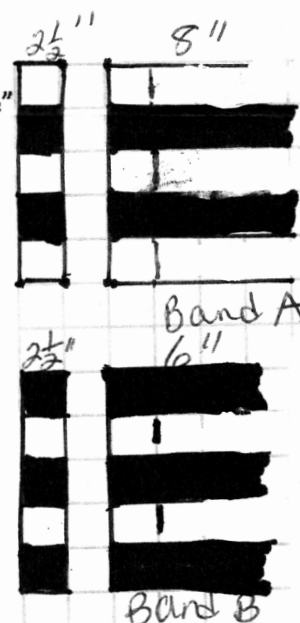
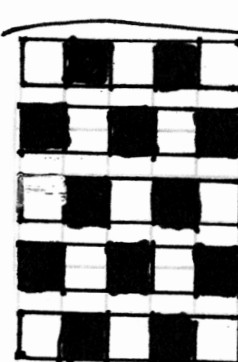
Suggestion: Set up two or three yards of matching fabrics at the Beginning of the year and make your practice block out of these...



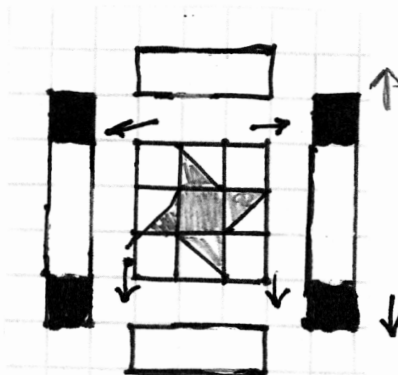
1



2



Unit 1



Mary McLaughlin