

## Mini Bargello Sunflower Quilt Supply List

20 ½" x 20 ½" finished

Welcome to my Bargello sunflower class. I am very excited to teach you this technique of Bargello and applique. It is exciting to see it all come together and how each and every flower is different.

A one hour pre class session will be provided on fabric selection to compliment the below information as well as going through the supply list and answering questions that you may have.

### Fabric Selection

Usually a sunflower conjures up images of golden yellow but by no means are you limited to these colours - it is your flower and you can make it any colour you wish. I have had students make the sunflower in cream, pink, red, yellow, turquoise and purple all with wonderful results.

When picking your fabrics make sure to create a colour run from light to dark so the illusion of movement can be created within the flower. By using different values of the colour it will also give the flower depth and dimension. Here are some blog posts that will help with colour and fabric selections as well as value.

**What is value in relation to colour:** <http://quiltsbyjen.ca/what-is-value-in-relation-to-colour/>

**How to use value to create contrast:** <http://quiltsbyjen.ca/how-to-use-value-to-create-contrast-in-quilt-designs/>

**How to select fabrics for a colour run:** <http://quiltsbyjen.ca/fabric-selection-for-bargello/>

Using fabrics with different textures will also help to create dimension within the colour run and the flower petals. Different textures such as dots, stripes, geometrics, tone-on-tones, small prints, medium prints, batiks and many others can be used. A mix of both batiks and cottons together to create dimension and depth and varying textures within the piece. All batiks or all cottons will work very nicely too. Stay away from fabrics with white designs such as dots as well as checkered fabric as they will stand out in the design distracting your eye.

The centre of the flower needs to have a fair bit of texture to it. You want the centre to stand out but also blend in - a bit of a fine line. The woven like centre of the large sunflower will be taught in the class.

The background fabric can be a plain fabric or a textured fabric. You may wish to bring several different pieces and audition them once the flower is made.

### **Fabric Requirements \***

1/4 yd very light fabric - **Fabric A**

1/4 yd light fabric - **Fabric B**

1/4 yd medium fabric - **Fabric C**

1/4 yd medium fabric - **Fabric D**

1/4 yd dark fabric - **Fabric E**

2/3 yd background fabric - includes binding

6" square for flower centre

3/4 yd for backing

2/3 yd fusible web with paper backing such as Lite Steam-A-Seam 2, E-Z Steam by Pellon, Soft Fuse, HeatnBond

Batting 28 inch square piece - cotton or cotton/poly blend

**\*Note:** you may wish to purchase 1/3 yard of each fabric A-E and 1 yard of background fabric if you wish to make the piece larger with a different border. There will be border options presented in the class.

**Note:** pre class cutting and sewing instructions will be given out just prior to Session 1 of the workshop to complete in the time between Sessions 1 & 2

### **General Supply List**

#### **Sewing machine in good working order which includes:**

Quarter inch foot

Darning foot (free motion foot)

Walking foot

Open toed embroidery foot

#### **Rotary Cutter, Mat & Rulers**

Mat no smaller than 12 x 18 inches, 18 x 24 inches is preferred

Long ruler - 6.5 x 24 or 8.5 x 24

Short ruler - 6.5 x 12 or 8.5 x 12 (optional)

Square - 16 x 16 if you have one

#### **Thread & Needles**

Needles - universal or Microtex 80/12 for piecing, topstitch or Microtex 90/14 for quilting

Neutral coloured cotton thread for piecing such as grey or beige - 50 weight

Thread for quilting the background - plain colour or variegated

Thread for stitching the petals - I tend to use a variegated thread for more depth and I either make it lighter or darker than the petal fabric to stand out but it can also be the same colour to blend in

**Other**

Seam ripper

Flat head pins or other straight pins

Fabric scissors - large and small - sharp with a good point for cutting out the petals

Paper scissors

Pen & paper, pencil & eraser

Teflon applique sheet or parchment paper

Design wall

Masking tape or small stickers to label pieces

Iron & ironing board

If you have any questions about fabric selection, the supply list or pre-class cutting please do not hesitate to contact me via email: [jennifer@quiltsbyjen.ca](mailto:jennifer@quiltsbyjen.ca)