Arlene R. Delloro

LA PASSACAGLIA WORKSHOP SUPPLY LIST

SUPPLIES

- large sheet of template plastic
- 6 coordinating fabrics (see below) plus background and binding fabric
- · matching or neutral threads
- hand sewing needles (I prefer size 10 sharps, but use what is comfortable for you and what you can thread); I use needles instead of pins, so bring at least 4
- sharp scissors for fabric
- scissors for cutting template plastic
- mechanical pencil (fine point needed)
- small ruler, no larger than 18X2 (you can use a 6 inch square ruler if desired)

Optional: finger or wrist pin cushion; sheet of fine sandpaper or sandpaper covered board

CHOOSING FABRICS

Fabric choice is a very personal matter, but here are some guidelines to help you get the most from this workshop.

- Choose fabrics with good contrast
- Choose prints with an eye toward fussy cutting them
- Include a few solids along with your prints (to add contrast)
- If you look at the 2 samples provided, you will see the center is comprised of 5 diamonds; the
 next round is 5 elongated diamonds; the third round is 10 pentagons; the fourth round is a star
 with a small pentagon center and contrasting star points—this star is alternating with a
 diamond; finally, the last round is 20 of the same-sized pentagons as in round 3

Round 1 - fabric for 5 small diamonds in center

Round 2 – fabric for 5 small, elongated diamonds

Round 3 - fabric for 10 small pentagons

Round 4 – one fabric for tiny pentagon in center of star; another fabric for the points of each start; a third fabric for the diamond in between each star

Round 5 – fabric for 20 small pentagons

- If you will be fussy cutting any of the shapes in the rounds as my samples do, remember that
 fussy cutting uses more fabric. You should be able to use fat quarters for rounds 1 and 2 and for
 the center and for the points of the stars. You might need anywhere from a half-yard to a yard
 for each round of pentagons, depending on the repeat
- Background fabric needs to be at least 24 inches by 24 inches and binding fabric is minimal

A FEW MORE NOTES

You want to achieve a nice contrast with your fabrics, so take your time choosing and by all means, shop your stash. Please feel free to contact me with any questions that you have.

I will be teaching you:

- How to prepare the templates
- How to fussy cut your fabric
- How to hand stitch
- How to piece a rosette using a running stitch

I will also share with you how I completed my own La Passacaglia quilt using Linda Franz's Inklingo technique.

Your completed rosette can be appliqued to the background for use as a pillow or a small wall hanging.

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